# Worthing Allotments and Gardens Association

# FORTY FIRST ANNUAL HORTICULTURAL SHOW

The Great Village Show

Oak Grove College
The Boulevard
Worthing

on

# Saturday, 1<sup>st</sup> September 2018

1.00 p.m. to 4.30 p.m.

# **ADMISSION**

Members free on production of Membership Card Non-members 50p Accompanied children free

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### **SHOW COMMITTEE**

Jack Powis (Show Secretary), Ian Dunster, Peter Hannam & Bob Scott.

# **ASSOCIATION AWARDS** other than Show Awards

**PRESIDENT'S TROPHY** - Presented to the member deemed to have given outstanding service to the Association:

1982	Reg Wateridge	1983	Ken Hibbitt
1984	Bert Light	1985	Sid Wood
1986	Don Enticknap	1987	Elsie & Arthur Burt
1988	Bob Adams	1989	Pam & Peter Everett
1990	Bill Foster	1991	Barbara & Bill Maslin
1992	Ernest Stone	1993	Pam Cooke
1994	lan Dunster	1995	Brian Grumble
1996	Ernie Monnery	1997	John Stringer
1998	Derek Pearson	1999	Stella & William Whitfield
2000	R. Crumbley	2001	Geoff Smith
2002	Peter Cornelius	2003	Mike Rice
2004	Jacqui & Terry Edwards	2005	Bob Chalcraft
2006	Jack Powis	2007	Margot Hollingdale
2008	John Nutt	2009	Peter Everett
2010	Dennis Dixon	2011	Ken Willo
2012	Paul Eustice	2013	Tony Payne
2014	Bernie Broad (Dec.)	2015	Janet Robins
2016	Robin Chapman	2017	Rik Pease, Lorraine Robinson

# Mr. & Mrs. GOAD TROPHY – Best front garden

2006	R. Carter	2007	J. Nutt
2008	J. Short	2009	J. Short
2010	J. Short	2011	J. Short
2012	John Nutt	2013	Tony Payne
2014	Jennie Rollings	2015	Peter Mazillius
2016	Jennie Rollings	2017	Tina Russell

# John Bassindale Perpetual Challenge Cup – Best kept allotment

2007	P. Webb	2008	P. Webb
2009	Mrs. P. Jowett	2010	J. Rudland
2011	Mrs C. Powis	2012	Suzy and Malcolm Taylor
2013	John Preston	2014	Peter Jackson
2015	Janet Robins	2016	Frank De Chello
2017	Frank De Chello		

# **Most Improved Allotment**

2016	Sam Halford	2017	David Newnham

#### **SHOW AWARDS**

#### THE ALDERMAN BRACKLY MEMORIAL CUP

Awarded for the best exhibit in the Fruit Section 2016 P. Webb 2017 P. Hannam

#### THE JACK KEPNER "GROW MORE" CUP

Awarded for the most points in the Vegetable Classes 10 to 39

2016 P. Webb 2017 R. Bingham

#### THE PHIL ETHERINGTON TROPHY

Awarded for the best exhibit in the Vegetable Classes 10 to 39 2016 P. Webb 2017 P. Morgan

#### THE RUTH WINTON MEMORIAL TROPHY

Awarded for the most points in the Flower Section 2016 P.Mazillius 2017 H. Broad

#### THE LESLEY EDWARDS MEMORIAL TROPHY

Awarded for the best exhibit in the Flower Section 2016 P. Webb 2017 H. Broad

#### THE ELSIE BURT MEMORIAL TROPHY

Awarded for the most points in the Rose Classes – 44 to 47

2016 C. Powis 2017 C. Powis

### THE FLORAL ART CUP

2016 B. Cox 2017 C. Stanbridge

#### THE JACK STRUDWICK MEMORIAL TROPHY

Awarded to the person gaining the most points in the Cookery Section

2016 C. Powis 2017 C Powis

# THE WINE CUP

2016 J. Powis 2017 J Powis

# THE REG WATERIDGE TROPHY for the best Collection of Vegetables

### THE NOVICE ORB

Awarded for the most points in the Novice Section 2016 D. Feldberg 2017 A. Sankey

#### THE NOVICE CHALICE

Awarded for the best exhibit in the Novice Section 2016 G. Thompson 2017 A. Brooks

#### THE WALLY BARNES MEMORIAL TROPHY

Awarded to the winner of Novice Collection of Vegetables 2016 D. Feldberg 2017 Not Awarded

#### THE FRANK PIDGEON TROPHY

Awarded to the winner of the Master Gardener class 2016 P. Webb 2017 T. Payne

#### THE BANKSIAN MEDAL

The Banksian Medal of the Royal Horticultural Society will be awarded to the Exhibitor who obtains the highest points total in the Show – Classes 1 to 65. 2016 P. Mazillius 2017 R. Bingham

# THE FRANK BROADHURST MEMORIAL CUP

Awarded for the best exhibit in the Show 2016 P. Webb 2017 H.Broad

# THE PETER MAIDMENT SHIELD

Awarded for the most points in the Children's Section 2016 Sorrel Duguid 2017 Ruby North

# THE DOT JOY AWARD

Awarded for the best exhibit in the Children's Section 2016 Siena Mullane Boyd 2017 Finlay Austin

PRIZE MONEY for each Class will be as follows, except where otherwise

stated:- FIRST: £1.00 SECOND: 75p THIRD: 50p

Prize winners should collect their prize vouchers during the afternoon. They will be valid at the Association stores for 1 year.

#### RULES and REGULATIONS for the Show

- 1) Entry shall be limited to members and immediate families of members of the Worthing Allotments & Gardens Association, the member being the main exhibitor.
- 2) Competitors may not make more than one entry in each Class. Two or more Exhibitors may not exhibit in the same Class from the same garden or address.
- 3) First, Second and Third Prizes will be awarded at the discretion of the Judges.
- 4) Points will be awarded as follows: First 3 points; Second 2 points; Third 1 point.
- 5) All exhibits must be the property of the Exhibitor and must have been grown by him/her (unless otherwise stated in the Schedule) and the Judge must be satisfied that this is the case.
- 6) A prize will be awarded at the Judges' discretion and the Judges' decision shall be final.
- 7) Exhibits may be staged between 8.00 and 10.00 a.m. on the morning of the Show, at which time all Exhibitors will leave the Hall.
- 8) Judging will commence after 10.00 a.m. and only authorised persons will be present in the Hall during judging.
- 9) Prize giving will commence at 4.00 p.m. All entries must be cleared at the end of the Show. Any exhibit not removed will be sold for Association funds.
- 10) Exhibitors to provide their own bowls. Vases and plates will be provided.
- 11) Objections should be lodged with the Show Committee before 3.00 p.m. on the day of the Show.
- 12) The Association will not be responsible for damage to or loss of

Exhibitors' property.

- 13) All Trophies are perpetual and must be returned to a Show Committee Member six weeks before the Show.
- 14) The Committee shall have power to deal with any matter not otherwise provided for in the Rules.
- 15) All fruits to be shown with stalks attached unless otherwise stated in the RHS rules.
- 16) Judging will be in accordance with RHS Rules of Fruit, Flowers and Vegetables and must be exhibited so as to be seen and handled by the Judges from all sides.
- 17) Entries should be made on the Entry Form herein and sent to:
   Mr. Jack Powis, 38 The Boulevard, Worthing, BN13 1LB
   Telephone 01903 243216
   not later than the Wednesday morning prior to the Show.

# ENTRIES RECEIVED AFTER THIS TIME WILL BE CHARGED AT 50p PER ENTRY.

No entries will be accepted on Saturday morning.

Come to support the Show on the day.
Visit the Association's stalls.

We are always happy to receive cakes, white elephant items, produce and plants.

You can take a rest with a cup of tea and a slice of something tasty.

Remember to buy tickets for a Raffle Prize.

#### THE GREAT VILLAGE SHOW - NEEDS YOU!

Our Show is run entirely by volunteers. No volunteers, no show! How would you like to join in the fun at the very heart of it, working with a group of lovely people and achieving so much. We need lots of helpers to share the work so that no one has to work all afternoon. Can you help in any of the following ways:

- \*Setting up on Friday evening at 6.00pm for a couple of hours.
- \*Clearing up on Saturday afternoon at the end of the show.
- \*Lend a hand for an hour or two on one of our stalls on Saturday afternoon, helping to sell cakes, allotment produce, bric-a-brac, raffle tickets etc.
- \*Help on the refreshment stall. There is always plenty to do there, making tea, washing up etc. as well as selling.
- \*We will need a relay of helpers on the front gate all afternoon, welcoming people, taking their money and guiding them on their way.
- \*Any other useful jobs that turn up on the day.

Nearer the time we will be looking for home made cakes for the cake stall and refreshments, home grown fruit, vegetables and flowers for the produce stall and jams, chutney etc. if you can manage it. The white elephant stall will also need good quality bric-a-brac to sell. In addition to the Association's stalls we invite other organisations or individuals to have a stall to promote themselves or sell their wares. If you know of any group who would like to take advantage of this opportunity please let us know. We ask for a donation of £10 per table.

If you can help or need more information please contact Jack Powis on 01903 243216 or Bob Scott on 01903 243875. We look forward to hearing from you.

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Visit the Association's stalls.

We are always happy to receive cakes, white elephant items, produce and plants.

You can take a rest with a cup of tea and a slice of something tasty.

Remember to buy tickets for a Raffle Prize.

Follow us on line at www.worthingallotments.co.uk for hints and tips, social events, advice, pictures, facebook converations etc.



# Worthing Allotments & Gardens Association ANNUAL SHOW 1st September 2018

Entry Form
MEMBERSHIP NUMBER
DATE OF BIRTH ( CHILD ENTRANTS ONLY)
NAME Mr./Mrs./Miss/Ms
ADDRESS
TELEPHONE NUMBER
Please accept my entry for the Classes shown overleaf (entries to be in NUMERICAL ORDER.)
Entry Cards will be available for collection at the time of staging the exhibits, provided entries have been received by the Wednesday prior to the Show.
The completion of this Entry Form implies acceptance of the Rules and Regulations printed in this schedule.
SIGNATURE OF MEMBER
DATE
Send to: Mr. Jack Powis, 38 The Boulevard, Worthing, BN13 1LB
to arrive no later than Wednesday morning, 29 <sup>th</sup> August 2018

All entries must be cleared at the end of the Show. Any exhibit not removed will be sold for Association funds.

Class No.	Class No.	Class No.	Class No.	Class No.	Class No.
		1101			

#### **SCHEDULE**

### **Class Number DESCRIPTION**

### **FRUIT** [All fruit to be shown with stalks]

- 1. Apples, dessert a dish of four, one variety
- 2. Apples, cooking a dish of four, one variety
- 3. Pears a dish of four, one variety
- 4. Plums a dish of six, one variety
- 5. Blackberries a dish of ten with stalks
- 6. Berried fruit a dish of 10 with stalks excluding blackberries
- 7. An exhibit of fruit other than Classes 1 to 6, any number, one variety, shown with stalks (except peaches, nectarines and apricots)

#### **VEGETABLES**

- 10. Beans, runner five, with stalks
- 11. Beans. French five, with stalks
- 12. Beet, plate of three, with 75mm of tops
- 13. Cabbage two, with stem
- 14. Carrots, long three, with 75mm of tops
- 15. Carrots, stump rooted three, with 75mm of tops
- 16. Cucumber two
- 17. Leeks three
- 18. Lettuce two, with roots washed
- 19. Courgettes three
- 20. Marrow two, fit for table, not more than 350mm long
- 21. Marrow heaviest (weight to be stated)
- 22. Onions three, dressed, over 250g each
- 23. Onions three, dressed, not more than 250g each
- 24. Shallots six, large
- 25. Shallots six, small pickling (not more than 30mm diam.)
- 26. Tomatoes large, min. 75mm dia.plate of 3, with stalks
- 27. Tomatoes medium, approx.. 60mm dia. plate of 5, with stalks
- 28. Tomatoes small, 35mm dia.max. plate of 8 with stalks.

- 29. Tomatoes the heaviest truss, not necessarily ripe
- 30. Potatoes plate of three, all white
- 31. Potatoes plate of three, any other than white.
- 32. Parsnips three with 75mm of tops: shown for quality, not size
- 33. Sweet Peppers two with stems, any variety
- 34a. Garlic 3 bulbs, with 25mm stem, roots removed
- 34b. Elephant Garlic-3 bulbs, with 75mm stem, roots removed
- 35. An exhibition of any vegetable other than Classes 10 to 34
- 36. Onion (heaviest)
- 37. Runner bean longest.
- 38. Herbs 3 bunches of 3 different varieties in one vase
- 39. Fun entry any odd shaped vegetable [This class will be judged by the public's popular vote]

#### **FLOWERS**

- 40. Pansies six blooms (boxes supplied)
- 41. Fuchsia Heads six blooms (boxes supplied)
- 42. Asters single, one vase of six blooms
- 43. Asters double, one vase of six blooms
- 44. Roses Large flowered (HT), one vase of three blooms
- 45. Roses Large flowered (HT), one specimen bloom
- 46. Roses one as buttonhole, foliage allowed
- 47. Roses Cluster Flowered, three stems
- 48. Chrysanthemum one specimen bloom
- 49. Chrysanthemum one vase of three blooms
- 50. Chrysanthemum one vase of three stems spray any variety
- 51. Dahlia one specimen bloom
- 52. Dahlia one vase of three blooms, one variety
- 53. Dahlia one vase of three blooms, three varieties
- 54. Flowers, annual one vase, six stems, one variety other than Classes 40, 42 and 43
- 55. Flowers, mixed one vase. No more than 12 stems
- 56. Flowers, mixed bowl (600mm maximum, own container), garden grown, with foliage

- 57. Gladioli one specimen spike
- 58. Gladioli three spikes
- 59. Pelargonium or Geranium one specimen plant in bloom (up to 200mm pot)
- 60. Fuchsia one plant in bloom (up to 200mm pot)
- 61. Pot Plant in bloom, other than Classes 59 and 60 (pot not to exceed 150mm diameter)
- 62. Pot Plant for foliage, including Ferns (pot not to exceed 150mm diameter)
- 63. Pot Plant in bloom (pot over 150mm diameter)
- 64. Cacti or Succulent three pots
- 65. A container of any shape or size planted with flowering and/or foliage plants, staged for overall effect.
- 66. Sunflower one specimen bloom
- 67. Sunflower one vase of three blooms

#### FLORAL ARRANGEMENTS

No artificial plant material may be used but accessories are permitted

Materials need not be grown by the exhibitor

- 70. An arrangement of 5 flowers and foliage. Accessories allowed. Open staging, 600mm space, height unlimited
- 71. A decorative arrangement in a hat.[This Class will be judged by the public's popular vote]
- 72. A Petite arrangement. 250mm overall. Open staging
- 73. An arrangement depicting "A Country Garden" Open staging 600mm space

#### PHOTOGRAPHIC SECTION

- 74. A photograph on any subject
- 75 . A photograph "Beautiful Buildings"
  [These Classes will be judged by the public's popular vote]

#### **CRAFT SECTION for adults**

76. An exhibit of craft made by the entrant, one entry per person.

#### **COOKERY SECTION**

- 80. One jar Jam, approx 454g
- 81. One jar Marmalade, approx. 454g
- 82. One jar Jelly, approx 227g
- 83. One jar Chutney, approx 454g
  All jars are to be sealed with metal screw tops, preferably plain with no maker's name.
- 84. Victoria Sandwich with Jam filling, approx. 200 mm [own recipe]
- 85. Rock Cakes. Plate of five. Men only. Recipe page 20
- 86. Banana and Walnut Loaf. Recipe page 20
- 87. Hungarian Cheese Scones plate of six. Recipe page 21
- 88 Home Made Bread a white tin loaf approx. 910 g weight
- Novelty decorated iced cake. Judged for appearance and humour. Base cake may be shop bought

#### **NOVICES' CLASSES**

These Classes are open to Members who have never won a First Prize. Trophies will be awarded for the most points won, for the Best Exhibit and for the Best Collection of Vegetables

- 90. Marrow one
- 91. Onions three, dressed
- 92. Potato one, heaviest
- 93. Potatoes three, any variety
- 94. Runner beans five
- 95. Tomatoes five, any variety
- 96. Any vegetable other than Classes 90 to 95, any number
- 97. An exhibit of fruit, any kind
- 98. Collection of vegetables three distinct kinds. The vegetables and numbers to be selected from Classes 10 to 34
- 99. An exhibit of flowers of any kind.

#### **COLLECTIONS**

#### 100. COLLECTION of VEGETABLES

Four distinct kinds – space not to exceed 600mm x 600mm Numbers as per Classes 10 to 34  $\,$ 

Maximum points will be in accordance with RHS Rules PRIZES: First - £3.00. Second - £2.00. Third - £1.00

101. **MASTER GARDENER**. A mixed display of vegetables, fruit and flowers to demonstrate a broad scope of gardening skills. May use basket or trug and may include herbs, berries, foliage and fabric.

PRIZES: First - £10.00. Second - £5.00. Third - £3.00

#### WINE

105 1 bottle dry white wine
106 1 bottle sweet white wine
107 1 bottle dry red wine
108 1 bottle sweet red wine

The wine must not be made from concentrate and shall be exhibited in clear white glass bottles of approximately 75 cl capacity. Bottles must be full to within 2cm of the cork. White, plastic cap cork to be used. Main ingredient to be stated on plain white adhesive label.

#### CHILDREN'S CLASSES

Entry is open to all children
Each Class will be divided into age groups appropriate for the
entries received
Age to be shown on the Entry Card

# Every entrant will receive a prize

The Association accepts that children need guidance and some assistance on the grounds of safety, particularly with cookery, but the Judges **must** see strong evidence of a child's work in every exhibit.

- 110. A vegetable person
- 111. A bunch of flowers from your garden
- 112. "Wonderful Wellie" A child's wellie decorated with flowers and other materials
- 113. A painted pebble
- 114. Decorated Fairy Cakes, a plate of four. Recipe Page 20]
- 115 A bunch of radishes grown on your own allotment or in your own garden

# For help and more information about putting an entry into the Show, please contact the Show Secretary:

Jack Powis, 38 The Boulevard, Worthing, BN13 1LB Telephone 01903 243216

# To book a site for your stall in the garden for only £10 contact Bob Scott 01903 243875

# **Helpful Hints for Exhibitors**

#### **FLOWERS**

Quality of blooms and freshness are important points. Aphids should be removed. Flowers should be cut in the cool of the evening preceding the Show, immediately placed up to their necks in water and kept in a cool place overnight. Choose those that are not fully developed – they will expand by morning and retain their freshness longer. The use of moss or newspaper is allowed to pack the vases so that the stalks remain upright.

**Roses** Substance, colour and form are the characteristics required of exhibition roses. Choose those in the unopened state with the outer petals just beginning to curl back. They should be without blemish and the colour should not be faded by the sun. Well formed foliage.

**Sweet Peas** Should be strong spikes with well spaced blooms at the top being well expanded and the bottom blooms still good. Large flowers of a bright colour.

**Chrysanthemums** A perfect bloom is one that is fully out without an eye, uniform in shape, fresh, of a rich colour without blemish.

**Dahlias** Fresh clean blooms, free from faded, flagging or malformed petals or blemishes and having a circular centre. Pom-pom dahlias – flowers of a globular form – should have a full centre and with florets meeting back to the stem. Bright, pure, rich colour, a long erect flower stem, holding the flower at an angle of about 45° without artificial support. Blooms must not exceed the recommended maximum size given in the classification.

**Narcissi** Flowers should be carried at nearly a right angle to the stem, good colour, texture and freshness, stems straight and strong. In the trumpet varieties the trumpet (corona) should be as long as or longer than the perianth segment (petals). Test by folding petals over trumpet.

**Pansies** are usually displayed flat on foil or a board with small holes to fit the stems through into a small flat dish containing water.

**Fuchsia Blooms** are usually displayed in a flat plant pot saucer not to exceed 200mm and filled with damp sand or compost.

Pot Plants Flower pots are measured inside the rim and the Judge

carries a tape measure – so check the individual classes.

Flower Arranging Flower arrangements are now described as "Exhibits". An "Exhibit" is composed of natural material with or without accessories, contained within a space as specified in the Show Schedule. Backgrounds, bases, containers, drapes, exhibit titles and mechanics may always be included in an exhibit unless otherwise stated. More than one placement may always be included unless otherwise stated. In all exhibits natural plant material should predominate.

**OPEN STAGING** – Exhibits shall not exceed the maximum dimensions stated in the Show Schedule.

**MINIATURE** An exhibit not exceeding 100mm in width, depth and height. This measurement does not apply to the diagonal dimensions.

**PETITE** An exhibit not exceeding 250mm in width, depth and height. This measurement does not apply to the diagonal dimension.

# The following are the only reasons for disqualification:

- 1 Failure to comply with any specific requirements of a Class as stated in the Show Schedule, i.e. the measurements or the components.
- 2 Inclusion of any fresh plant material that does not have its roots or the cut ends of its stems in water or water-retaining material (but note these EXCEPTIONS: Air plants, cacti, fruits, grass turf, lichen, moss, succulents, vegetables and long-lasting plant material (including strong fibrous stems) which will remain turgid for the duration of the Show. (Definition of "turgid" the state of firmness of plant tissue resulting from adequate moisture, causing the plant cells to be fully expanded.)
- 3. Inclusion of artificial plant material unless specifically allowed by the Show Schedule.

**VEGETABLES** Root vegetables should be carefully washed to remove soil; do not use a brush as it will damage the skin. On other kinds retain the bloom.

**Beetroot, Carrots, Parsnips, Turnips & Swedes** should have the tops cut off leaving approx 75mm of leaf stalk.

**Lettuce** should have firm tender, unbroken hearts and a good colour. Lift as late as possible and exhibit with washed roots on.

**Onions** should have the tops cut 50mm from the bulb, turned over and tied neatly. Onions generally should be ripe, large and shapely and have short necks. DO NOT REMOVE OUTER SKINS EXCESSIVELY.

**Runner beans** should be straight, fresh, plump, brittle pods with little outward sign of seeds. A small amount of stalk should remain.

**Tomatoes** Aim for a uniform firm set of fruit with small eye and firm fresh calyx. Stage on plates with calyces uppermost on plate.

Staging Vegetables should be attractively staged.

**FRUIT** The appearance of all fruit is enhanced by its natural bloom. Do not polish the fruit. Where applicable the stalks should always point away from the front of the table.

Apples should be displayed with eyes uppermost.

Berries should be shown on the stalk.

Currants should be shown on the sprig.

Peaches, nectarines and apricots are shown without stalks.

**COOKERY** Jars of jam, marmalade and chutney are to be sealed with metal tops but these should preferably be plain, without makers' names, etc. Make sure the jars are clean with clearly labeled contents and FULL TO THE TOP.

Large cakes or tarts 180 – 200mm should be presented on a clean plate showing about 25mm of plate. Small cakes should be exhibited on a plate. A salad arrangement should show 25mm of clean plate.

# **RECIPES**

# (NB: conversions to grams rounded up or down to the nearest gram)

#### Class 85 - Rock Cakes

# Ingredients

225g (8oz) self raising flour 115g (4oz) sugar 115g (4oz) margarine 85g (3oz) currants

25g (1oz) Mixed peel one egg and a little milk

#### Method

Rub the margarine into the flour, add the sugar and stir in the currents. Mix to a stiff dough with beaten egg and milk. Place in rough heaps on a greased baking sheet. Bake for 20 mins. in a preheated oven 200C, gas mark 6 until golden. Leave on wire rack to cool.

#### Class 86 - Banana & Walnut Loaf

# **Ingredients**

115g (4oz) butter at room temp.2 bananas, ripe and soft2 medium eggs

225g (8oz) self raising flour 115g (4oz) brown sugar ½ tsp bicarbonate of soda 1 tsp vanilla essence

150g (5oz) chopped or whole walnuts

### Method

Turn oven on to 180C, gas mark 4 and have ingredients ready. Put everything except the walnuts in a bowl and mix together using hands and a spoon or fork to make sure there are no lumps. Add most of the walnuts and mix well together. Put the mixture into a greased loaf tin, place some of the walnuts, best whole, on top and make sure it is even. Place in oven for 35 -45 mins, keep checking it. Make sure it has risen nicely, the walnuts are crispy and is not gooey inside. Leave on a wire rack to cool before cutting.

# Class 87 - Hungarian Cheese Scones

# Ingredients

200g (7oz) Plain Flour 125g (4.5oz) salted butter

100ml sour cream 1.5 tsp salt

15g (0.5oz) fresh yeast or dry yeast equivalent

75g (2.5oz) finely grated cheddar cheese into the dough

25g (1oz) finely grated cheddar cheese to the top

1 egg yolk to the top

#### Method

Mix all the ingredients in a bowl . No need to wait for the yeast or to chill. Roll out to  $1-1.5\,\mathrm{cm}$  (1/2in.) thick and cut into circles approx. 5cm (1 7/8 in.) diameter. Place on a baking sheet, brush the top with egg yolk and drop some cheese on them. You may also add pumpkin seeds to some for variety. Place in the centre of the oven preheated to 200C, gas mark 6 for  $10-15\,\mathrm{mins}$ . until golden brown and the smell tells when they are ready. Allow to cool thoroughly on a wire rack. While hot the inside will not be perfect because of the melted cheese and sour cream. Be patient. (Thanks to Bianka for the recipe)

# **CLASS 114 - Decorated fairy cakes**

# **Ingredients**

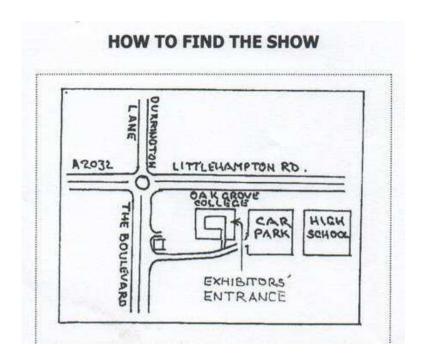
4 ozs [113g] self-raising flour 1 teaspoon baking powder

4 ozs caster sugar 2 eggs, beaten

4 ozs softened butter or margarine

### Method

Pre-heat oven to Gas 5,  $375^{\circ}$ F,  $190^{\circ}$ C (170C fan). Sift flour and baking powder into bowl. Add butter, sugar and eggs and beat mixture until smooth. Divide mixture equally among 10-12 cake cases placed in a bun tray. Bake in centre of oven for about 20 minutes or until well-risen and golden. When cold decorate any way you like.



Bus routes 5, 7 and 10 go close by and the Pulse stops outside.

**Worthing Allotments & Gardens Association** 

# **ANNUAL SHOW**

Saturday, 1<sup>st</sup> September 2018 1 p.m. to 4.30 p.m.

Oak Grove College The Boulevard WORTHING

large free car park

