***Worthing Allotments and***

***Gardens Association***

***FORTY FIRST***

***ANNUAL HORTICULTURAL SHOW***

***The Great Village Show***

***Oak Grove College***

***The Boulevard***

***Worthing***

***on***

***Saturday, 1st September 2018***

***1.00 p.m. to 4.30 p.m.***

***ADMISSION***

 ***Members free on production of Membership Card***

 ***Non-members 50p***

 ***Accompanied children free***

**CONTENTS**

Page no.

Index 1

Show Committee 1

Association Awards 2

Annual Show Awards 3-4

Rules & Regulations for the Show 5-6

How to help 7-8

**ENTRY F0RM 9-10**

**Schedule:** Fruit 11

 Vegetables 11-12

 Flowers 12-13

 Floral Arrangements 13

 Photography and Craft 13-14

 Cookery 14

 Novices 14

 Collections 15

Wine 15

Children’s Classes 15-16

Contacts for help 16

Helpful Hints for exhibitors 16-19

Recipes 29-21

Venue map back cover

**SHOW COMMITTEE**

Jack Powis (Show Secretary), Ian Dunster, Peter Hannam & Bob Scott.

**ASSOCIATION AWARDS** other than Show Awards

**PRESIDENT’S TROPHY** - Presented to the member deemed to have given outstanding service to the Association:

1982 Reg Wateridge 1983 Ken Hibbitt

1984 Bert Light 1985 Sid Wood

1986 Don Enticknap 1987 Elsie & Arthur Burt

1988 Bob Adams 1989 Pam & Peter Everett

1990 Bill Foster 1991 Barbara & Bill Maslin

1992 Ernest Stone 1993 Pam Cooke

1994 Ian Dunster 1995 Brian Grumble

1996 Ernie Monnery 1997 John Stringer

1998 Derek Pearson 1999 Stella & William Whitfield

2000 R. Crumbley 2001 Geoff Smith

2002 Peter Cornelius 2003 Mike Rice

2004 Jacqui & Terry Edwards 2005 Bob Chalcraft

2006 Jack Powis 2007 Margot Hollingdale

2008 John Nutt 2009 Peter Everett

2010 Dennis Dixon 2011 Ken Willo

2012 Paul Eustice 2013 Tony Payne

2014 Bernie Broad (Dec.) 2015 Janet Robins

2016 Robin Chapman 2017 Rik Pease, Lorraine Robinson

**Mr. & Mrs. GOAD TROPHY** – Best front garden

2006 R. Carter 2007 J. Nutt

2008 J. Short 2009 J. Short

2010 J. Short 2011 J. Short

2012 John Nutt 2013 Tony Payne

2014 Jennie Rollings 2015 Peter Mazillius

2016 Jennie Rollings 2017 Tina Russell

**John Bassindale Perpetual Challenge Cup** – Best kept allotment

2007 P. Webb 2008 P. Webb

2009 Mrs. P. Jowett 2010 J. Rudland

2011 Mrs C. Powis 2012 Suzy and Malcolm Taylor

2013 John Preston 2014 Peter Jackson

2015 Janet Robins 2016 Frank De Chello

2017 Frank De Chello

**Most Improved Allotment**

2016 Sam Halford 2017 David Newnham

 **SHOW AWARDS**

THE ALDERMAN BRACKLY MEMORIAL CUP

Awarded for the best exhibit in the Fruit Section

2016 P. Webb 2017 P. Hannam

THE JACK KEPNER “GROW MORE” CUP

Awarded for the most points in the Vegetable Classes 10 to 39

2016 P. Webb 2017 R. Bingham

THE PHIL ETHERINGTON TROPHY

Awarded for the best exhibit in the Vegetable Classes 10 to 39

2016 P. Webb 2017 P. Morgan

THE RUTH WINTON MEMORIAL TROPHY

Awarded for the most points in the Flower Section

 2016 P.Mazillius 2017 H. Broad

THE LESLEY EDWARDS MEMORIAL TROPHY

Awarded for the best exhibit in the Flower Section

2016 P. Webb 2017 H. Broad

THE ELSIE BURT MEMORIAL TROPHY

Awarded for the most points in the Rose Classes – 44 to 47

2016 C. Powis 2017 C. Powis

THE FLORAL ART CUP

2016 B. Cox 2017 C. Stanbridge

THE JACK STRUDWICK MEMORIAL TROPHY

Awarded to the person gaining the most points in the Cookery Section

2016 C. Powis 2017 C Powis

THE WINE CUP

2016 J. Powis 2017 J Powis

THE REG WATERIDGE TROPHY for the best Collection of Vegetables

2016 P. Webb 2017 J. Powis

THE NOVICE ORB

Awarded for the most points in the Novice Section

2016 D. Feldberg 2017 A. Sankey

THE NOVICE CHALICE

Awarded for the best exhibit in the Novice Section

2016 G. Thompson 2017 A. Brooks

THE WALLY BARNES MEMORIAL TROPHY

Awarded to the winner of Novice Collection of Vegetables

2016 D. Feldberg 2017 Not Awarded

THE FRANK PIDGEON TROPHY

Awarded to the winner of the Master Gardener class

2016 P. Webb 2017 T. Payne

THE BANKSIAN MEDAL

The Banksian Medal of the Royal Horticultural Society will be awarded to the Exhibitor who obtains the highest points total in the Show – Classes 1 to 65.

2016 P. Mazillius 2017 R. Bingham

THE FRANK BROADHURST MEMORIAL CUP

Awarded for the best exhibit in the Show

2016 P. Webb 2017 H.Broad

THE PETER MAIDMENT SHIELD

Awarded for the most points in the Children’s Section

2016 Sorrel Duguid 2017 Ruby North

THE DOT JOY AWARD

Awarded for the best exhibit in the Children’s Section

 2016 Siena Mullane Boyd 2017 Finlay Austin

PRIZE MONEY for each Class will be as follows, except where otherwise stated:- FIRST: £1.00 SECOND: 75p THIRD: 50p

Prize winners should collect their prize vouchers during the afternoon. They will be valid at the Association stores for 1 year.

**RULES and REGULATIONS for the Show**

1) Entry shall be limited to members and immediate families of members of the Worthing Allotments & Gardens Association, the member being the main exhibitor.

2) Competitors may not make more than one entry in each Class. Two or more Exhibitors may not exhibit in the same Class from the same garden or address.

3) First, Second and Third Prizes will be awarded at the discretion of the Judges.

4) Points will be awarded as follows: First - 3 points; Second - 2 points; Third - 1 point.

5) All exhibits must be the property of the Exhibitor and must have been grown by him/her (unless otherwise stated in the Schedule) and the Judge must be satisfied that this is the case.

6) A prize will be awarded at the Judges’ discretion and the Judges’ decision shall be final.

7) Exhibits may be staged between 8.00 and 10.00 a.m. on the morning of the Show, at which time all Exhibitors will leave the Hall.

8) Judging will commence after 10.00 a.m. and only authorised persons will be present in the Hall during judging.

9) Prize giving will commence at 4.00 p.m. All entries must be cleared at the end of the Show. Any exhibit not removed will be sold for Association funds.

10) Exhibitors to provide their own bowls. Vases and plates will be provided.

11) Objections should be lodged with the Show Committee before 3.00 p.m. on the day of the Show.

12) The Association will not be responsible for damage to or loss of Exhibitors’ property.

13) All Trophies are perpetual and must be returned to a Show Committee Member six weeks before the Show.

14) The Committee shall have power to deal with any matter not otherwise provided for in the Rules.

15) All fruits to be shown with stalks attached unless otherwise stated in the RHS rules.

16) Judging will be in accordance with RHS Rules of Fruit, Flowers and Vegetables and must be exhibited so as to be seen and handled by the Judges from all sides.

17) Entries should be made on the Entry Form herein and sent to:

Mr. Jack Powis, 38 The Boulevard, Worthing, BN13 1LB

Telephone 01903 243216

not later than the Wednesday morning prior to the Show.

**ENTRIES RECEIVED AFTER THIS TIME WILL BE CHARGED AT 50p PER ENTRY.**

**No entries will be accepted on Saturday morning.**

\* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \*

**Come to support the Show on the day.**

**Visit the Association's stalls.**

**We are always happy to receive cakes, white elephant items, produce and plants.**

**You can take a rest with a cup of tea and a slice of something tasty.**

**Remember to buy tickets for a Raffle Prize.**

**THE GREAT VILLAGE SHOW – NEEDS YOU!**

Our Show is run entirely by volunteers. No volunteers, no show! How would you like to join in the fun at the very heart of it, working with a group of lovely people and achieving so much. We need lots of helpers to share the work so that no one has to work all afternoon. Can you help in any of the following ways:

\*Setting up on Friday evening at 6.00pm for a couple of hours.

\*Clearing up on Saturday afternoon at the end of the show.

\*Lend a hand for an hour or two on one of our stalls on Saturday afternoon, helping to sell cakes, allotment produce, bric-a-brac, raffle tickets etc.

\*Help on the refreshment stall. There is always plenty to do there, making tea, washing up etc. as well as selling.

\*We will need a relay of helpers on the front gate all afternoon, welcoming people, taking their money and guiding them on their way.

\*Any other useful jobs that turn up on the day.

Nearer the time we will be looking for home made cakes for the cake stall and refreshments, home grown fruit, vegetables and flowers for the produce stall and jams, chutney etc. if you can manage it. The white elephant stall will also need good quality bric-a-brac to sell. In addition to the Association’s stalls we invite other organisations or individuals to have a stall to promote themselves or sell their wares. If you know of any group who would like to take advantage of this opportunity please let us know. We ask for a donation of £10 per table.

**If you can help or need more information please contact Jack Powis on 01903 243216 or Bob Scott on 01903 243875. We look forward to hearing from you.**

**Come to support the Show on the day.**

**Visit the Association's stalls.**

**We are always happy to receive cakes, white elephant items, produce and plants.**

**You can take a rest with a cup of tea and a slice of something tasty.**

**Remember to buy tickets for a Raffle Prize.**

**Follow us on line at *www.worthingallotments.co.uk* for hints and tips, social events, advice, pictures, facebook converations etc.**

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**Worthing Allotments & Gardens Association**

**ANNUAL SHOW 1st September 2018**

**Entry Form**

MEMBERSHIP NUMBER …………………………...........................................

DATE OF BIRTH ( CHILD ENTRANTS ONLY) …………………........................

NAME Mr./Mrs./Miss/Ms …………………………………………………………………

ADDRESS ……………………………………………………………………………………………

................................................................................................................

TELEPHONE NUMBER...........................................................................

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Please accept my entry for the Classes shown overleaf (entries to be in NUMERICAL ORDER.)

Entry Cards will be available for collection at the time of staging the exhibits, provided entries have been received by the Wednesday prior to the Show.

The completion of this Entry Form implies acceptance of the Rules and Regulations printed in this schedule.

 SIGNATURE OF MEMBER …………………………….........

 DATE ……….................................................................................

Send to: Mr. Jack Powis, 38 The Boulevard, Worthing, BN13 1LB

**to arrive no later than Wednesday morning, 29th August 2018**

**NAME** (CAPITALS).................................................................................

All entries must be cleared at the end of the Show. Any exhibit not removed will be sold for Association funds.

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| Class No. | Class No. | Class No. | Class No. | Class No. | Class No. |
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**SCHEDULE**

**Class** **Number DESCRIPTION**

**FRUIT** [Allfruit to be shown with stalks]

 1. Apples, dessert – a dish of four, one variety

 2. Apples, cooking – a dish of four, one variety

 3. Pears – a dish of four, one variety

 4. Plums – a dish of six, one variety

 5. Blackberries – a dish of ten with stalks

 6. Berried fruit - a dish of 10 with stalks - excluding blackberries

 7. An exhibit of fruit other than Classes 1 to 6, any number, one variety, shown with stalks ( except peaches, nectarines and apricots)

**VEGETABLES**

10. Beans, runner – five, with stalks

11. Beans, French – five, with stalks

12. Beet, plate of three, with 75mm of tops

13. Cabbage – two, with stem

14. Carrots, long – three, with 75mm of tops

15. Carrots, stump rooted – three, with 75mm of tops

16. Cucumber – two

17. Leeks – three

18. Lettuce – two, with roots washed

19. Courgettes – three

20. Marrow – two, fit for table, not more than 350mm long

21. Marrow – heaviest (weight to be stated)

22. Onions – three, dressed, over 250g each

23. Onions – three, dressed, not more than 250g each

24. Shallots – six, large

25. Shallots – six, small pickling (not more than 30mm diam.)

26. Tomatoes – large, min. 75mm dia.plate of 3, with stalks

27. Tomatoes – medium,approx..60mm dia. plate of 5, with stalks

28. Tomatoes – small, 35mm dia.max. plate of 8 with stalks.

29. Tomatoes – the heaviest truss, not necessarily ripe

30. Potatoes – plate of three, all white

31. Potatoes – plate of three, any other than white.

32. Parsnips – three with 75mm of tops: shown for quality, not

 size

33. Sweet Peppers – two with stems, any variety

34a. Garlic – 3 bulbs, with 25mm stem, roots removed

34b. Elephant Garlic-3 bulbs, with 75mm stem, roots removed

35. An exhibition of any vegetable other than Classes 10 to 34

36. Onion – (heaviest)

37. Runner bean – longest.

38. Herbs - 3 bunches of 3 different varieties in one vase

39. Fun entry – any odd shaped vegetable

 [This class will be judged by the public's popular vote]

**FLOWERS**

40. Pansies – six blooms (boxes supplied)

41. Fuchsia Heads - six blooms (boxes supplied)

42. Asters – single, one vase of six blooms

43. Asters – double, one vase of six blooms

44. Roses – Large flowered (HT), one vase of three blooms

45. Roses – Large flowered (HT), one specimen bloom

46. Roses – one as buttonhole, foliage allowed

47. Roses – Cluster Flowered, three stems

48. Chrysanthemum – one specimen bloom

49. Chrysanthemum – one vase of three blooms

50. Chrysanthemum – one vase of three stems spray - any variety

51. Dahlia – one specimen bloom

52. Dahlia – one vase of three blooms, one variety

53. Dahlia – one vase of three blooms, three varieties

54. Flowers, annual – one vase, six stems, one variety other than Classes 40, 42 and 43

55. Flowers, mixed – one vase. No more than 12 stems

56. Flowers, mixed – bowl (600mm maximum, own container), garden grown, with foliage

57. Gladioli – one specimen spike

58. Gladioli – three spikes

59. Pelargonium or Geranium – one specimen plant in bloom (up to 200mm pot)

60. Fuchsia – one plant in bloom (up to 200mm pot)

61. Pot Plant – in bloom, other than Classes 59 and 60 (pot not to exceed 150mm diameter)

62. Pot Plant – for foliage, including Ferns (pot not to exceed 150mm diameter)

63. Pot Plant – in bloom (pot over 150mm diameter)

64. Cacti or Succulent – three pots

65. A container of any shape or size planted with flowering and/or foliage plants, staged for overall effect.

66. Sunflower – one specimen bloom

67. Sunflower – one vase of three blooms

**FLORAL ARRANGEMENTS**

 No artificial plant material may be used but accessories

 are permitted

 Materials need not be grown by the exhibitor

70. An arrangement of 5 flowers and foliage. Accessories allowed. Open staging, 600mm space, height unlimited

71. A decorative arrangement in a hat.

 [This Class will be judged by the public’s popular vote]

72. A Petite arrangement. 250mm overall. Open staging

73. An arrangement depicting "A Country Garden"

 Open staging 600mm space

**PHOTOGRAPHIC SECTION**

74. A photograph on any subject

75 . A photograph "Beautiful Buildings"

 [These Classes will be judged by the public’s popular vote]

**CRAFT SECTION for adults**

76. An exhibit of craft made by the entrant, one entry per person.

**COOKERY SECTION**

80. One jar Jam, approx 454g

81. One jar Marmalade, approx. 454g

82. One jar Jelly, approx 227g

83. One jar Chutney, approx 454g

 All jars are to be sealed with metal screw tops, preferably plain with no maker's name.

84. Victoria Sandwich with Jam filling, approx. 200 mm [own recipe]

85. Rock Cakes. Plate of five. Men only. Recipe page 20

86. Banana and Walnut Loaf. Recipe page 20

87. Hungarian Cheese Scones – plate of six. Recipe page 21

88 Home Made Bread – a white tin loaf approx. 910 g weight

89 Novelty decorated iced cake. Judged for appearance and humour. Base cake may be shop bought

**NOVICES’ CLASSES**

These Classes are open to Members who have never won a First Prize. Trophies will be awarded for the most points won, for the Best Exhibit and for the Best Collection of Vegetables

90. Marrow - one

91. Onions – three, dressed

92. Potato – one, heaviest

93. Potatoes – three, any variety

94. Runner beans - five

95. Tomatoes – five, any variety

96. Any vegetable other than Classes 90 to 95, any number

97. An exhibit of fruit, any kind

98. Collection of vegetables – three distinct kinds. The vegetables and numbers to be selected from Classes 10 to 34

99. An exhibit of flowers of any kind.

**COLLECTIONS**

100. **COLLECTION of VEGETABLES**

 Four distinct kinds – space not to exceed 600mm x 600mm

 Numbers as per Classes 10 to 34

 Maximum points will be in accordance with RHS Rules

 PRIZES: First - £3.00. Second - £2.00. Third - £1.00

101. **MASTER GARDENER**. A mixed display of vegetables, fruit and flowers to demonstrate a broad scope of gardening skills. May use basket or trug and may include herbs, berries, foliage and fabric.

 PRIZES: First - £10.00. Second - £5.00. Third - £3.00

**WINE**

105 1 bottle dry white wine

106 1 bottle sweet white wine

107 1 bottle dry red wine

108 1 bottle sweet red wine

The wine must not be made from concentrate and shall be exhibited in clear white glass bottles of approximately 75 cl capacity. Bottles must be full to within 2cm of the cork. White, plastic cap cork to be used. Main ingredient to be stated on plain white adhesive label.

**CHILDREN’S CLASSES**

Entry is open to all children

Each Class will be divided into age groups appropriate for the entries received

Age to be shown on the Entry Card

Every entrant will receive a prize

The Association accepts that children need guidance and some assistance on the grounds of safety, particularly with cookery, but the Judges **must** see strong evidence of a child’s work in every exhibit.

110. A vegetable person

111. A bunch of flowers from your garden

112. "Wonderful Wellie" A child's wellie decorated with flowers and other materials

113. A painted pebble

114. Decorated Fairy Cakes, a plate of four. Recipe Page 20]

115 A bunch of radishes grown on your own allotment or in your own garden

**For help and more information about putting an entry into the Show, please contact the Show Secretary:**

Jack Powis, 38 The Boulevard, Worthing, BN13 1LB Telephone 01903 243216

**To book a site for your stall in the garden for only £10 contact Bob Scott 01903 243875**

**Helpful Hints for Exhibitors**

**FLOWERS**

Quality of blooms and freshness are important points. Aphids should be removed. Flowers should be cut in the cool of the evening preceding the Show, immediately placed up to their necks in water and kept in a cool place overnight. Choose those that are not fully developed – they will expand by morning and retain their freshness longer. The use of moss or newspaper is allowed to pack the vases so that the stalks remain upright.

**Roses** Substance, colour and form are the characteristicsrequired of exhibition roses. Choose those in the unopened state with the outer petals just beginning to curl back. They should be without blemish and the colour should not be faded by the sun. Well formed foliage.

**Sweet Peas**  Should be strong spikes with well spaced blooms at the top being well expanded and the bottom blooms still good. Large flowers of a bright colour.

**Chrysanthemums** A perfect bloom is one that is fully out without an eye, uniform in shape, fresh, of a rich colour without blemish.

**Dahlias** Fresh clean blooms, free from faded, flagging or malformed petals or blemishes and having a circular centre. Pom-pom dahlias – flowers of a globular form – should have a full centre and with florets meeting back to the stem. Bright, pure, rich colour, a long erect flower stem, holding the flower at an angle of about 45° without artificial support. Blooms must not exceed the recommended maximum size given in the classification.

**Narcissi** Flowers should be carried at nearly a right angle to the stem, good colour, texture and freshness, stems straight and strong. In the trumpet varieties the trumpet (corona) should be as long as or longer than the perianth segment (petals). Test by folding petals over trumpet.

 **Pansies** are usually displayed flat on foil or a board with small holes to fit the stems through into a small flat dish containing water.

**Fuchsia Blooms** are usually displayed in a flat plant pot saucer not to exceed 200mm and filled with damp sand or compost.

 **Pot Plants** Flower pots are measured inside the rim and the Judge carries a tape measure – so check the individual classes.

**Flower Arranging**  Flower arrangements are now described as “Exhibits”. An “Exhibit” is composed of natural material with or without accessories, contained within a space as specified in the Show Schedule. Backgrounds, bases, containers, drapes, exhibit titles and mechanics may always be included in an exhibit unless otherwise stated. More than one placement may always be included unless otherwise stated. In all exhibits natural plant material should predominate.

**OPEN STAGING** – Exhibits shall not exceed the maximum dimensions stated in the Show Schedule.

**MINIATURE**  An exhibit not exceeding 100mm in width, depth and height. This measurement does not apply to the diagonal dimensions.

**PETITE** An exhibit not exceeding 250mm in width, depth and height. This measurement does not apply to the diagonal dimension.

**The following are the only reasons for disqualification:**

**1** Failure to comply with any specific requirements of a Class as stated in the Show Schedule, i.e. the measurements or the components.

**2 Inclusion of any fresh plant material that does not have its roots or the cut ends of its stems in water or water-retaining material (but note these EXCEPTIONS:** Air plants, cacti, fruits, grass turf, lichen, moss, succulents, vegetables and long-lasting plant material (including strong fibrous stems) which will remain turgid for the duration of the Show. (Definition of “turgid” – the state of firmness of plant tissue resulting from adequate moisture, causing the plant cells to be fully expanded.)

3. Inclusion of artificial plant material unless specifically allowed by the Show Schedule.

**VEGETABLES** Root vegetables should be carefully washed to remove soil; do not use a brush as it will damage the skin. On other kinds retain the bloom.

**Beetroot, Carrots, Parsnips, Turnips & Swedes** should have the tops cut off leaving approx 75mm of leaf stalk.

**Lettuce** should have firm tender, unbroken hearts and a good colour. Lift as late as possible and exhibit with washed roots on.

**Onions** should have the tops cut 50mm from the bulb, turned over and tied neatly. Onions generally should be ripe, large and shapely and have short necks. DO NOT REMOVE OUTER SKINS EXCESSIVELY.

**Runner beans** should be straight, fresh, plump, brittle pods with little outward sign of seeds. A small amount of stalk should remain.

**Tomatoes** Aim for a uniform firm set of fruit with small eye and firm fresh calyx. Stage on plates with calyces uppermost on plate.

 **Staging** Vegetables should be attractively staged.

**FRUIT** The appearance of all fruit is enhanced by its natural bloom. Do not polish the fruit. Where applicable the stalks should always point away from the front of the table.

Apples should be displayed with eyes uppermost.

Berries should be shown on the stalk.

Currants should be shown on the sprig.

Peaches, nectarines and apricots are shown without stalks.

**COOKERY** Jars of jam, marmalade and chutney are to be sealed with metal tops but these should preferably be plain, without makers’ names, etc. Make sure the jars are clean with clearly labeled contents and FULL TO THE TOP.

Large cakes or tarts 180 – 200mm should be presented on a clean plate showing about 25mm of plate. Small cakes should be exhibited on a plate. A salad arrangement should show 25mm of clean plate.

**RECIPES**

*(NB: conversions to grams* ***rounded up or down to the******nearest*** *gram)*

**Class 85 – Rock Cakes**

**Ingredients**

225g (8oz) self raising flour 115g (4oz) sugar

115g (4oz) margarine 85g (3oz) currants

25g (1oz) Mixed peel one egg and a little milk

**Method**

Rub the margarine into the flour, add the sugar and stir in the currents. Mix to a stiff dough with beaten egg and milk. Place in rough heaps on a greased baking sheet. Bake for 20 mins. in a preheated oven 200C, gas mark 6 until golden. Leave on wire rack to cool.

**Class 86 – Banana & Walnut Loaf**

**Ingredients**

115g (4oz) butter at room temp. 1 tbsp milk

2 bananas, ripe and soft 2 medium eggs

225g (8oz) self raising flour 115g (4oz) brown sugar

½ tsp bicarbonate of soda 1 tsp vanilla essence

150g (5oz) chopped or whole walnuts

**Method**

Turn oven on to 180C, gas mark 4 and have ingredients ready.

Put everything except the walnuts in a bowl and mix together using hands and a spoon or fork to make sure there are no lumps. Add most of the walnuts and mix well together. Put the mixture into a greased loaf tin, place some of the walnuts, best whole, on top and make sure it is even. Place in oven for 35 -45 mins, keep checking it. Make sure it has risen nicely, the walnuts are crispy and is not gooey inside. Leave on a wire rack to cool before cutting.

**Class 87 – Hungarian Cheese Scones**

**Ingredients**

200g (7oz) Plain Flour 125g (4.5oz) salted butter

100ml sour cream 1.5 tsp salt

15g (0.5oz) fresh yeast or dry yeast equivalent

75g (2.5oz) finely grated cheddar cheese into the dough

25g (1oz) finely grated cheddar cheese to the top

1 egg yolk to the top

**Method**

Mix all the ingredients in a bowl . No need to wait for the yeast or to chill. Roll out to 1 – 1.5 cm (1/2in.) thick and cut into circles approx. 5cm (1 7/8 in.) diameter. Place on a baking sheet, brush the top with egg yolk and drop some cheese on them. You may also add pumpkin seeds to some for variety. Place in the centre of the oven preheated to 200C, gas mark 6 for 10 – 15 mins. until golden brown and the smell tells when they are ready. Allow to cool thoroughly on a wire rack. While hot the inside will not be perfect because of the melted cheese and sour cream. Be patient. (Thanks to Bianka for the recipe)

**CLASS 114 - Decorated fairy cakes**

**Ingredients**

4 ozs [113g] self-raising flour 1 teaspoon baking powder

4 ozs caster sugar 2 eggs, beaten

4 ozs softened butter or margarine

**Method**

Pre-heat oven to Gas 5, 375⁰F, 190⁰C (170C fan). Sift flour and baking powder into bowl. Add butter, sugar and eggs and beat mixture until smooth. Divide mixture equally among 10 – 12 cake cases placed in a bun tray. Bake in centre of oven for about 20 minutes or until well-risen and golden. When cold decorate any way you like.

****

**Bus routes 5, 7 and 10 go close by and the Pulse stops outside.**

**Worthing Allotments & Gardens Association**

**ANNUAL SHOW**

**Saturday, 1st September 2018 1 p.m. to 4.30 p.m.**

**Oak Grove College The Boulevard WORTHING**

**large free car park**

**See you there **